

**CPA Counselling Psychology Executive Minutes**  
**10/13/2015 2pm PST**

Meeting called to order at 2:00 Pacific Daylight Time

Present: Rob Bedi (Chair), Anusha Kassan, Lara Hieseler, Carlton Duff, Sharon Cairns

Regrets: Julie Cohen

<b>Item</b>	<b>Action</b>	<b>Person(s) Responsible</b>
1. Welcome New Members (Rob) Welcome to Carlton and Lara. Note the special welcome of practitioner members.		
2. Approval of Agenda Moved by Anusha, Seconder Carlton. Carried.		
3. Approval of May 19, 2015 Minutes Moved by Lara, seconded by Carlton. Carried		
4. <i>Quick Updates</i>		
a. [CPA Conference is June 9-11 in Victoria]. New members informed of typical executive activities at conference. Funding is available to support attendance at the conference.		
b. Chair [Rob] Internship Committee established by CPA, Sharon is on the Counselling sub-group and provided a brief update	Sharon will provide updates on the Internship Committee at future meetings	Sharon
Anti-Spam and accessing Section members (check the box), not all members have checked this box, we can this to our fall newsletter and ask people to spread	Ask Janet to include in Fall newsletter; Add to keynote	Lara Rob

<p>the word, add to keynote introductory comments</p> <p>c. Chair-Elect [Anusha]. Nothing to report.</p> <p>d. Treasurer [Sharon]. Current balance shared.</p> <p>e. MOL Awards [Lara]: Photos at conference taken by Julie. Julie has forwarded photos to Janet and will follow up.</p> <p>f. MOL Conference [Carlton]. Awaiting access to CPA limited site, which will be coming.</p> <p>g. Student member [Julie via Rob]: Graduate Student Survey completed and survey is being analyzed.</p> <p>h. Newsletter/Blog [Janet] : New Name Kaleidoscope, Award Winner Konstantinos Chondros. Won the best newsletter for the first time.</p> <p>i. Webmaster [Lindsey via Rob]. Website has been updated by Lindsay and Rob.</p>	<p>introductory comments</p> <p>Julie will follow up to ensure transfer of photos</p>	
<p>5. Financial Report [Sharon]</p> <p>a. CPA is raising fee it charges Sections \$2 per member (up from \$1.50) and \$1 per student (up from 75 cents). Should we raise fees to match? At the general meeting there was not a taste for raising the fees and we need to spend down the current reserves. Agreement that there is no need to raise the fees at this time.</p> <p>b. What to do with \$250 for Best Newsletter Award. Discussion of potential</p>	<p>Rob will notify Janet</p>	<p>Rob</p>

<p>options including a one time award, an honorarium for a student to help with the newsletter. All in favour of offering the Newsletter Editor a one time award in support of attendance at CPA. Suggestion that we offer the Newsletter Editor an award of \$250 for attendance at next year's CPA. All in favour.</p> <p>c. Allowed max of \$5,000 in savings at end of each year (Dec 31<sup>st</sup>) unless plan for savings pre-approved by CPA (deadline for compliance: Dec 31<sup>st</sup>, 2017). Some ideas for the use of the reserves include CNPSY conference; research grants student/faculty and local scientist practitioners; sponsoring international speakers; sponsoring other speakers; volunteer of the year award; attending CPA summits; more awards; outreach; and volunteer of the year award. The idea was also raised to ask CPA's permission to hold a term deposit to use the revenue to fund awards. Suggestion to consider piggy backing on the CPA awards to have smaller awards that might lead to the larger CPA award in the future. Also discussed researcher, practitioner, supervisor, and volunteer awards on a rotating basis. Discussion of whether we should make the decision as an exec and then consult with the membership. Exec should narrow the list down and then send out a really brief survey.</p>	<p>Can send out most do-able options via list serve and link in the newsletter for member input.</p>	<p>Executive</p>
<p>6. Business Arising from Previous Meeting Minutes</p> <p>a. Past Convention Reflection. Seemed like attendance at keynote and business meeting was less than previous years.</p> <p>b. Survey of Section Full Members. Now analyzing the data. Some preliminary responses to the qualitative questions were provided by Rob. Interest in conference for Counselling Psychology was high with some clear themes of the issues that are of import.</p> <p>c. Survey of Student Members [Rob, Julie]. Analysis in process.</p> <p>d. Blog/Social Media guidelines/policies [Julie, Janet]. CPA's blog/social guidelines. Below is an excerpt related to social media from CPA's <i>Website</i></p>		

<p><i>Terms of Use</i>, which can be found at <a href="http://www.cpa.ca/docs/File/Web_Site_Terms-20110707.pdf#page=5">http://www.cpa.ca/docs/File/Web_Site_Terms-20110707.pdf#page=5</a>.</p> <p><b>“15. Social Media Disclaimer</b></p> <p>The opinions and/or views expressed on the Canadian Psychological Association’s social media platforms, including, but not limited to, our blogs and Facebook, Twitter and YouTube pages, (the “Sites”) represent the thoughts of individual bloggers and online communities and do not necessarily reflect the opinions of the Canadian Psychological Association or any of its corporate affiliates or any of their respective directors, officers, employees, research staff, medical staff or members of its respective board of directors. The opinions and views expressed on the Sites do not in any way reflect the views of the owners of the Sites, other sites affiliated with a Site, the staff involved with maintaining any of the Site or any members of any of the Sites. The Canadian Psychological Association makes no representation or warranty as to the accuracy or any other aspect of any information posted on any of the Sites. The information provided on the Sites is not intended to be a substitute for professional medical advice, diagnosis or treatment. Always seek the advice of a qualified health provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of anything you reviewed on the Sites. “</p>		
<p>7. New Business</p> <p>a. Conference Programming and deficits. Executive will assist Carlton with recruiting reviewers. The hours of programming are likely to be limited again. For section programming CPA is thinking about instigating a standard blocking system that does not match the sequence we have been using. Rob will still try to request our preference. Keynote ideas – invite a practitioner (or panel), a visiting scholar, an international researcher, inviting someone from U of T to attempt to engage individuals from that program more in the section.</p>	<p>Recruitment of reviewers</p> <p>Lara, to look at websites of other folks at U of T to identifying someone who identifies with Counselling Psychology</p>	<p>Executive to assist Carlton</p> <p>Lara</p>

<p>b. Nominate Fellows [Lara]. Is Jose eligible? A possible candidate was identified. Need nomination and three letters of support. Deadline is November 30<sup>th</sup>.</p> <p>c. Nominate members for Section/CPA Awards [Lara]. New Researcher Awards due in 2 days. No one comes to mind.</p> <p>d. CPA Summit on Knowledge Mobilization in Ottawa. Rob previously attended a summit and then reported on it. Is this an important one for us to have a representative attending? Discussion re value of attending and idea of someone following this up with a conference presentation. Agreement that we would focus on the desires of memberships for special projects for this year.</p> <p>e. Award issues (thank you to unsuccessful, electronic posters, bachelor's posters) [Lara]. Lara awaiting templates from Freda.</p>	<p>Lara to check with Rob on the process that Freda followed. Lara to coordinate nomination.</p>	<p>Lara</p>
<p>f. Website review (e.g., add article list, add to archive) – who to assist?</p>	<p>Ask member ship for recent readings. Lara to contact Janet. Carlton to review the website for changes that might be needed.</p>	<p>Lara Lara Carlton</p>
<p>g. Fall newsletter [Rob] Entries due by Nov 15<sup>th</sup>. Janet needs a contact on the exec to bounce ideas off of and proofread final version. Lara will do this.</p> <p>h. Ideas for new Exec positions for 2016/17 (Treasurer, Student Rep). Members to think about potential nominees.</p>	<p>Anusha to ask Janet about featuring U of C program.</p>	<p>Anusha Lara</p>
<p>i. Pre-packaged presentation (Grad School in Counselling Psych). Lyndsay Thomson may be interested in developing this. Will consult with Julie for the next meeting.</p>	<p>Think about potential nominees for Treasurer and Student Rep</p>	<p>Executive</p>
<p>j. Communication with students reps, student membership (FB etc.) [Julie]. Tabled.</p>	<p>Check with Julie next meeting</p>	

k. New Archive Committee. Can we engage someone to take on the archives as both Jose and Freda have resigned from this committee.	Discuss next meeting	
7. Adjournment. Moved by Lara. Meeting adjourned at 5:55 Pacific Standard Time.		